

24th November 2018
Faculty of Medicine University of Porto

Congress Presentation



U. PORTO
FMUP FACULDADE DE MEDICINA
UNIVERSIDADE DO PORTO

æfmup / 
associação de estudantes da faculdade
de medicina da universidade do porto

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UNIVERSITY OF PORTO

U. Porto has a cardinal mission when it comes to producing and diffusing knowledge, supporting the integration in the business world and forming thousands of youngsters. More than 31.500 students and about 2.500 teachers and researchers share, daily, the classrooms and laboratories of U.Porto's 14 faculties, distributed between the Center, Asprela and Campo Alegre poles. With its roots dating back to the XVIII century, U. Porto currently holds a great national reputation, not only attracting the best secondary students that initiate this important phase of their lives but also presenting the best investigation and development national indicators.

At an international level, U.Porto is recognised amongst the best as an equal partner. It exhibits indicators of intense cooperation in every area, both on the european plan and on the lusophone plan, and also in other regions such as the Americas. The number of foreign students that chose U.Porto to complete partially or fully their superior formation is ever-increasing, being over 3000 and including students from over 111 countries.

For all these reasons, today we have an erudite and cosmopolitan university, a living institution that inspires the artistic, cultural, scientific, technical and civic growth of the young. We have an institution in which the students are not only the receptors, but also the engines of development, mainly through their student's associations. For all these reasons, a diploma from U. Porto is an unequivocal motive of recognition in the national and international work market.



Faculty of Medicine University of Porto

Officially created in 1911 by the 22nd February decree-law, the Faculty of Medicine University of Porto (FMUP) descends from the Royal Surgery School of Porto, created in 1825 by the king João VI.

Presently, FMUP teaches the course of Integrated Masters in Medicine and participates in the teaching of Medical Dentistry and Sciences of Nutrition courses from University of Porto. Promoting 14 courses from the third cycle/Doctoral, the Faculty also teaches 15 courses from the second cycle/Integrated Masters, 18 Specialization courses and 24 Continuous Training courses.

With about 3 thousand students in the various cycles of studies and a highly qualified academic staff (50% are doctorates), the Faculty develops and promotes its **institutional relationships both inside and outside the country**, as confirmed by the protocols firmmed with reputed institutions such as the faculties of Medicine of the Universities of Gent and Milan, which integrate the Top 50 of the Shangai Rank.

Recordist in knowledge production through investigation, its contribute to the advance of Medical applied Science is undeniable, which can be proved by the data pertaining to the national scientific production, revealing the FMUP's top position in knowledge production - **553 original publications with international circulation in 2012**. This Faculty remains faithful to the reputation of exigence it conquered amongst its students. It's this discipline that's on the base of the excellence of the doctors this institution forms. The excellence of the teaching, the intense scientific activity along with the practical aid are key-points in the life and the name of this institution which has been awarded

consistently with the preference of students which look forward a Medical career.



FMUP'S STUDENTS ASSOCIATION

The Students Association of the Faculty of Medicine University of Porto (AEFMUP) was created in a turbulent period of implementation, growth and maturation of the post-25 April, having been legally founded in the 12th January 1982.

Since its conception, it defined as its chief goals the **representation of all FMUP students** as well as the **promotion of their formation in the curricular, scientific, pedagogical, cultural, social, physical and personal spheres**, thus contributing to the improvement of the teaching in the University and its connection to the community.

Throughout these years, AEFMUP has been growing thanks to the dedication and work of several generations, the collaboration and interest of its students and also the enormous support given by the Faculty itself. And, due to all of this, it has been possible to achieve ambitious goals, year after year.



One of the most important and essential parts of the Students Associations is the scientific component, whose aim is to spread scientific knowledge and complement the academic education given by the Faculty, with several different workshops and courses.

The Investigation, Formation and Science department has a central role in the areas of expertise of AEFMUP. It presents many opportunities of interactive and innovative learning for medical students, which grants them the opportunity of expanding their medical training beyond the curricular plan. For the 2018 term, this department was completely renewed, with a team of 4 elements, extremely motivated to provide their colleagues with opportunities for training and scientific enrichment. Their names are Benedita Couto Viana, Catarina Relvas, Inês Brás and José Miguel Azevedo.



In this year, the Investigation, Formation and Science department has already helped in the making of the fourth edition of “Curso de Medicina Desportiva” by Professor João Torres and “MED.WIN 4.0 - A Window Into Medical Careers”, two great and well succeeded activities loved by the medical students of FMUP, as well as many different workshops and talks.

And now, this department is devoted to the first edition of SKY Meeting, and it's extremely determined to create a new, important and interesting conference, to all medical students, interns and residents from all over the world.

DR. HUGO SANTOS SOUSA

Dr. Hugo Santos Sousa is a well-known MD General Surgeon, with specialization in Obesity Surgery and Upper GI Surgery.

He concluded his academic formation in Medicine in 2004 in FMUP and he had his residency in Surgery in Centro Hospitalar São João. In the last couple of years, he attended a 2 year program in Harvard Medical School, about Clinical Research. Currently, he's taking a PhD in Molecular Medicine and Oncology in FMUP.

In the present time, Dr. Hugo Santos Sousa works in the Obesity Surgery Division and in the Upper GI Surgery Division in Centro Hospitalar São João, one of the most important and central hospitals in Portugal, in Casa Saúde da Boavista as a MD General Surgeon and in Trofa Saúde Hospital in Braga as a MD Bariatric Surgeon. Moreover, he's a research collaborator in i3S (Instituto de Investigação e Inovação da Saúde), and an assistant professor of surgery in FMUP.

During all this time, he's always been very fond of sharing his knowledge and expertise in congresses and meetings, with more than 290 presentations. He also likes to assist the organization as he's been a part of the organization committee of "Congresso Internacional de Internos de Cirurgia".

This year, a different and interesting idea for a meeting came up, and that's how SKY Meeting appeared. And now, with the help of AEFMUP, Dr. Hugo Santos Sousa is devoted to create an innovative, interesting and important meeting, that will call out for every student, resident and doctor.



THE CONCEPT

SKY Meeting

The SKY (Surgical Knowledge for Youth) Meeting
The future today! From youth irreverence to expert knowledge

1st Edition: Minimally invasive techniques in bariatrics and upper GI

SKY Meeting is a congress subordinated to the theme of **Minimal Invasive Surgery**. With the future always in mind, it aims to bring together the **irreverence of the youth** and the **knowledge of the experts**, ultimately enriching and revolutionizing the surgical sphere throughout several generations.

The participants, consisting in **medical students, interns, residents, young specialists** and **open-minded seniors** will have the opportunity to take part in lectures given by prestigious and **experienced surgeons** and to engage in parallel sessions and workshops with a more practical content. Subsequently, this congress will enable its participants to contact with pioneering developments in Minimal Invasive Surgery techniques and also to clarify their questions and leave their suggestions about this field.

The congress is divided in four types of sessions:

- **Keynote Lectures**
- **Plenary Sessions**
- **Parallel Sessions**
- **Workshops**



ORGANIZING COMMITTEE

Organizing Committee Coordinators

Dr. Hugo Santos Sousa

Benedita Viana (3rd year student)

Catarina Relvas (6th year student)

Inês Brás (4th year student)

José Miguel Azevedo (6th year student)

Program

Bruno Chambel (5th year student)

Joana Neto (5th year student)

Ana Beatriz Ribeiro (3rd year student)

António Bandeira (3rd year student)

Rúben Pinto (3rd year student)

Fundraising

João Nunes Leite (4th year student)

Ana Catarina Alves (3rd year student)

Ana Catarina Moreira (3rd year student)

Ana Sofia Silva (3rd year student)

Logistics

Design and Informatics

Pedro Viegas (5th year student)

Cátia Domingues (5th year student)

Rita Esteves (5th year student)

João Portugal Barbosa (4th year student)

Residents Board

Dra. Cristina Fernandes

Dra. Fabiana Sousa

Dr. Jorge Nogueiro



SCIENTIFIC COMMITTEE



Dr. André Costa Pinho



Dr. Eduardo Lima da Costa



Prof. Doutor Guilherme
Macedo



Dr. John Preto



Prof. Doutor José Barbosa



Dr. José Costa Maia



Prof. Doutor Silvestre
Carneiro

PRELIMINARY PROGRAM

8:00 - 8:30	Registration
8:30 - 9:00	Opening Ceremony Maria Amélia Ferreira (FMUP Dean), António Oliveira e Silva (CHSJ Board President), Miguel Guimarães (Portuguese Medical Association President), Diana Mota (Residency Program Director) Inês Azevedo (AEFMUP President), Hugo Santos-Sousa (Meeting President)
9:00 - 9:30	Named Lecture I Sobrinho Simões Lecture To be a professor... is to be remembered by the future! Fátima Carneiro (Porto, PT)
9:30 - 10:15	Keynote Lecture I Bariatrics Moderator: Marco Silva (Porto, PT) Speaker: Eduardo Grecco (São Paulo, BR) New techniques in bariatrics: Endo Sleeve
10:15 - 10:45	Coffee-Break
10:45 - 12:15	Plenary Session I Bariatrics Moderator: John Preto (Porto, PT) Pedro Pereira (Porto, PT) Robotic bariatric surgery... how I do it Carlos Vaz (Lisbon, PT) Single anastomosis surgeries... simpler is better? Mário Nora (Feira, PT) Obesity: can the gastroenterologist support or even substitute the surgeon? Marco Silva (Porto, PT) Discussion
12:15 - 13:00	Keynote Lecture II Upper GI Moderator: José Costa-Maia (Porto, PT) Speaker: Felix Berlth (Cologne, GE) (tbc) Minimally Invasive Gastrectomy: What the West can learn from the East
13:00 - 14:30	Lunch
14:30 - 16:00	Plenary Session II Upper GI Moderator: José Barbosa (Porto, PT) Guilherme Macedo (Porto, PT) Laparoscopic gastrectomy... how I do it Eduardo Lima da Costa (Porto, PT) Minimally invasive gastrectomy: think big, do it minimally... is it the same? André Costa Pinho (Porto, PT) Complications, a new paradigm: stents and endo-sponge... a surgeon's saver? Eduardo Rodrigues-Pinto (Porto, PT) Discussion
16:00 - 16:30	Coffee-Break
16:30 - 18:00	Workshops I Parallel Sessions I
18:00 - 19:30	Workshops II Parallel Sessions II
19:30 - 19:45	Closing Ceremony Prize delivery

LECTURES AND PLENARY SESSIONS

SKY Meeting participants will have the opportunity to take part in one Named Lecture, two Keynote Lectures and two Plenary Sessions. In these sessions, participants will have a chance to learn about different minimally invasive techniques regarding the bariatrics and upper GI, with some of the most renowned doctors from all around the world. The provisory themes and the respective speakers are presented below.

Named Lecture - Prof. Dr. Manuel Sobrinho Simões

To be a professor... is to be remembered by the future!

Saturday, 24th November, 9h00 – 9h30

Invited Speakers: Prof. Dra. Fátima Carneiro (Porto, PT)



1st Keynote Lecture - Bariatrics

New techniques in bariatrics: Endo Sleeve

Saturday, 24th November, 9h30 – 10h15

Invited Speakers: Eduardo Grecco (São Paulo, BR)

Moderator: Marco Silva (Porto, PT)



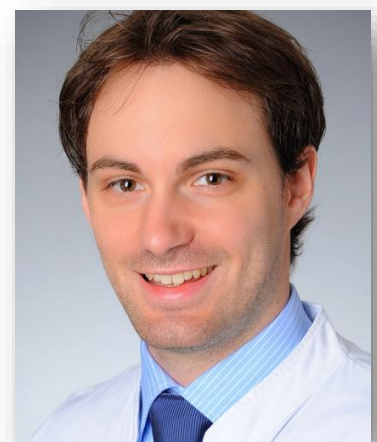
2nd Keynote Lecture - Upper GI

Minimally Invasive Gastrectomy: What the West can learn from the East

Saturday, 24th November, 12h15 – 13h00

Invited Speakers: Felix Berlth (Cologne, GE) (tbc)

Moderator: José Costa-Maia (Porto, PT)



1st Plenary Session - Bariatrics

Saturday, 24th November, 10h45 – 12h45

- *Robotic bariatric surgery... how I do it*

Invited Speakers: Carlos Vaz (Lisbon, PT)

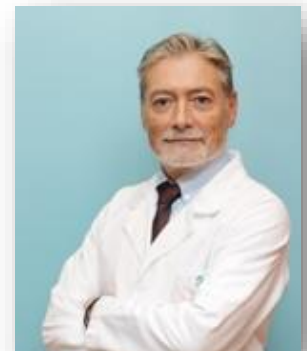
Moderator: John Preto (Porto, PT) | Pedro Pereira (Porto, PT)



- *Single anastomosis surgeries... simpler is better?*

Invited Speakers: Mário Nora (Feira, PT)

Moderator: John Preto (Porto, PT) | Pedro Pereira (Porto, PT) Gastro



- *Obesity: can the gastroenterologist support or even substitute the surgeon?*

Invited Speakers: Marco Silva (Porto, PT)

Moderator: John Preto (Porto, PT) | Pedro Pereira (Porto, PT) Gastro



2nd Plenary Sessions - Upper GI

Saturday, 24th November, 14h30 – 16h00

- *Laparoscopic gastrectomy... how I do it*

Invited Speakers: Eduardo Lima da Costa (Porto, PT)

Moderator: José Barbosa (Porto, PT) | Guilherme Macedo (Porto, PT)



- *Minimally invasive gastrectomy: think big, do it minimally... is it the same?*

Invited Speakers: André Costa Pinho (Porto, PT)

Moderator: José Barbosa (Porto, PT) | Guilherme Macedo (Porto, PT)



- *Complications, a new paradigm: stents and endo-sponge... a surgeon's saver?*

Invited Speakers: Eduardo Rodrigues-Pinto (Porto, PT)

Moderator: José Barbosa (Porto, PT) | Guilherme Macedo (Porto, PT)



PARALLEL SESSIONS

SKY Meeting participants will have the opportunity to assist to two parallel sessions about the following binomials - **Upper GI vs Bariatrics, Surgery vs Gastroenterology** and **Videos vs Clinical Cases**. The sessions will be 45 minutes each.

In this type of sessions, the participants will be able to learn in a more personal setting, with closer contact to the speaker and with many opportunities to intervene and ask questions.

	Videos Surgery	Clinical Cases Surgery	Videos Gastroenterology	Clinical Cases Gastroenterology
Bariatrics	Session 1	Session 2	Session 3	Session 4
Upper GI	Session 5	Session 6	Session 7	Session 8

- Session 1: Videos, Surgery, Bariatrics.
- Session 2: Clinical Cases, Surgery, Bariatrics.
- Session 3: Videos, Gastroenterology, Bariatrics.
- Session 4: Clinical Cases, Gastroenterology, Bariatrics.
- Session 5: Videos, Surgery, Upper GI.
- Session 6: Clinical Cases, Surgery, Upper GI.
- Session 7: Videos, Gastroenterology, Upper GI.
- Session 8: Clinical Cases, Gastroenterology, Upper GI.

WORKSHOPS

SKY Meeting participants will have the opportunity to take part in a workshop related with various surgical areas. The provisory workshop list can be found below.

- Laparoscopy
- Simulation in General Surgery
- Sutures
- Microscopic Sutures
- Basic Techniques in Surgery
- Endoscopy
- Trauma Approach
- Minimally Invasive Neurosurgery
- Heart Valve Replacement
- Heart Sutures
- Arthroscopy
- Anatomical Dissection
- How to Stop a Bleeding
- Transplantation
- Vascular Anastomosis
- Interventional Radiology
- Wound Care



LOCALIZATION AND FACILITIES

Facilities of the Medical Investigation Center (CIM) of the Faculty of Medicine University of Porto and the São João Medical Center.



CIM (Medical Investigation Center)



CIM Theatre



São João Hospital

CONTACTS

skymeeting.porto@gmail.com

www.facebook.com/skymeeting.porto

www.sky.aefmup.pt



www.aefmup.pt

formativo.cientifico@aefmup.pt

Investigation, Formation and Science

Department of the Students

Association of the Faculty of Medicine University of Porto

U. PORTO

FMUP FACULDADE DE MEDICINA
UNIVERSIDADE DO PORTO

Organizing Committee Coordinators:

Benedita Viana 914919904

Catarina Relvas 913873890

Inês Brás 913582633

José Miguel Azevedo 912352073